

A black dog with white patches is sitting on a grey carpet. The dog is looking towards the camera. It is wearing a collar with a tag. The dog is sitting next to a white tufted sofa. The background shows a wooden cabinet and a tiled floor.

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Managing your teaching commitments and the PhD

- My background
 - Was a TF, large core paper.
 - Needed the PhD for promotion
 - Double the teaching than other research active staff, plus PhD, plus other research projects, plus 3 kids (so it can be done!)
 - Now a SL
- Prioritise your research!
 - Teaching is scheduled, with deadlines, apply the same principle to your PhD.

Managing your teaching commitments and the PhD

- Tips from my experience:
 - Don't change topic
 - Don't put anything off (make the time!)
 - Publish as you go
 - Frame it as fun and talk about your research with your students.
 - Organisation is the key to success.
 - Passion
 - Support (supervisors, family, friends)
 - Balance!!! Still walk the dog.
 - Value the thinking time, it's not all about words on the page.

My details

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- Please get in touch if you want to talk more 😊